

Bernardine Center bernardinecenter.org	610-497-3225
Crozer Keystone Healthy Start crozerkeystonehealthsystems.org	610-497-7460
DelCo Children & Youth Services –Media –Upper Darby co.delaware.pa.us/humanservices/childyouth.html	610-891-4000 610-713-2000
DelCo Pregnancy Center touchchoice.org	610-872-2229
Family Start Family Support Line familysupportline.org	610-876-7583 610-891-5275
Girl Scouts of SE PA gsep.org	610-933-7555
LaLeche League (breast feeding) llusa.org	610-666-0359
Mothers' Home mothershome.org	610-583-4663
Parents Involved Network pinofpa.org	610-713-9401
PathwaysPA pathwayspa.org	610-543-5022
Project ELECT/TAPP Safe Haven of Pennsylvania secretsafe.org	610-447-3978 1-866-921-7233
Second Time Around Parents Supervised Independent Living lssm.org	610-566-7540x3 610-352-5593
Postpartum Stress Center postpartumstress.com	610-525-7527
Women's Resource Center womensresourcecenter.net	610-687-6415
Young Parents Support Network thecenterfoundation.org/ypsn	610-565-6171
SENIORS	
DelCo Office of Services for the Aging delcosa.org	610-490-1300
PA SeniorLAW Helpline seniorlawcenter.org	1-877-727-7529
Senior Victim Services seniorvictims.org	610-627-2292
SPECIAL NEEDS	
CareLink carelink-svs.org	610-874-1119
Freedom Valley Disability Center fvdc.info/fvdc.net	610-353-6640
SUPPORT GROUPS	
Compassionate Friends compassionatefriends.org	610-544-6645
Debtor's Anonymous debtorsanonymous.org	610-566-7109
Feeling Blue / Suicide Anonymous feelingblue.org	610-715-0076
VOLUNTEERS	
Retired & Senior Volunteer Program seniorcorps.org	610-565-5563
WOMEN'S ASSOCIATIONS	
Business & Professional Women bpwusa.org	610-566-5035 610-521-5229
Friends of DelCo Women's Commission friendsofcdwc.org	610-543-5022
League of Women Voters lvv.org	610-565-3164

YWCA (Chester) 610-876-8226
ywcachester.org

SURROUNDING AREA RESOURCES

AIDS	
ActionAIDS actionaids.org	215-981-0088
Philadelphia FIGHT fight.org	215-985-4448
ADDICTION / SUBSTANCE ABUSE	
Alcoholics Anonymous sepennaa.org	215-923-7900
Gambler's Anonymous gamblersanonymous.org	215-468-1991
Narcotics Anonymous naworks.org	215-629-6757
ADOPTION	
Adoption Network Law Center adoptionnetwork.com	1-800-367-2367
CHILD DAY CARE	
Child Care Information Services compass.state.pa.us	1-800-831-3117
Child Care Works Helpline co.delaware.pa.us/humanservices/childcare.html	1-877-472-5437
HEALTHCARE	
Children's Hospital of Philadelphia chop.edu	215-590-1000
C.H.I.P. chipcoverspakids.com	1-800-986-5437
Keystone Mercy Health Plan keystonemercy.com	215-863-6762
National Cancer Institute cancer.gov	1-800-422-6237
PA Health Law Project phlp.org	1-800-274-3258
Reproductive Healthcare Choice choice-phila.org	215-985-3355
HOUSING	
Youth Services Inc. ysiphila.org	215-787-0633
ACORN Housing acornhousing.org	215-765-1221
IMMIGRANTS, REFUGEES & ASYLEES	
Asylee Outreach Project hiaspa.org/services/service/htm	215-832-0900
LEGAL	
Legal Aid of Southeast PA (tf) –West Chester lasp.org	1-877-429-5994 610-436-4510
Philadelphia County Bar Assoc. philadelphiabar.org/page/PISorganizations?appNum=1	215-238-1710
PA Institutional Law Project pailp.org	215-925-2966
Volunteer Income Tax Assistance (tif) irs.gov/help/article/0,,id=96730,00.html	1-800-829-1040
LESBIAN / GAY / BISEXUAL / TRANSGENDER	
The Attic atticyouthcenter.org	215-545-4331
LGBT Peer Counseling Services (free)	215-732-8255
The SPOT (by Planned Parenthood) plannedparenthood.org/ppsp/spot-29386.htm	267-687-6648
William Way Community Center waygay.org	215-732-2220

MENTAL HEALTH / COUNSELING	
Depression/Bipolar Support Alliance dbsalliance.org	1-877-687-9552
Mental Health Assoc. of SE PA mhasp.org	1-800-688-4226
SENIORS	
Supportive Older Women's Ntwk. sown.org	215-477-6000
SPECIAL NEEDS	
Liberty Resources libertyresources.org	215-634-2000
VOLUNTEERS	
United Way Volunteer Center (SE PA) uwsepa.org	215-665-2474
WOMEN'S ASSOCIATIONS	
Asian American Women's Coalition. aawcl.homestead.com	215-922-0654


EMERGENCY 24-HOUR HOTLINES

Bureau of Consumer Protection	1-800-441-2555
Poison Control	215-386-2100
Police/Ambulance/Fire	911
CHILD ABUSE / ELDER ABUSE	
Child Abuse Line	1-800-932-0313
Elder Abuse Hotline (statewide)	1-800-490-8505
CRISIS INTERVENTION / SUICIDE PREVENTION	
Philadelphia Suicide Crisis Center	215-879-4402
Crozer Chester Medical Center	610-477-7600
Project Reach	610-352-4703
Substance Abuse	1-800-662-4357
Survivors of Suicide survivorsofsuicide.org	267-914-0508
DOMESTIC ABUSE / SEXUAL ABUSE	
Domestic Abuse Project of DelCo dapdc.org	610-565-4590
Women Against Abuse	215-386-1280
Women Against Rape	610-566-4342
Women's Org. Against Rape woar.org	215-985-3315
RUNAWAYS	
National Switchboard	1-800-621-4000
Parents Anonymous	1-800-448-4906

INFORMATION & REFERRALS

DelCo Women's Commission	610-713-2308
DelCo Suicide Prevention Task Force Resource Guide delcosuicideprevention.org/Resources/resource_guide.html	
First Call For Help –Berks & Chester Counties	215-568-3750 610-705-3301
PA Commission For Women (tf)	1-888-615-7477
SEPTA Paratransit septa.org	215-580-7334
U.S. DOL Women's Bureau (tf)	1-800-379-9042
Women's Business Develop. Cntr. womensbdc.org	215-790-9232
Women's Resource Center wrcsd.org	610-687-6415
Women In Transition womenintransitioninc.org	215-751-1111

Please notify us of any changes by contacting The Center Foundation at 610-565-6171 or mail@thecf.org.



2011 Delaware County Women's Resource Guide


Bryn Mawr Trust

A quick reference guide for women and
their families

developed and published by
The Center Foundation

in collaboration with
**Friends of the Delaware County
Women's Commission**

and
**The Delaware County Women's
Commission**

June 2011

DELAWARE COUNTY RESOURCES

ABUSE

Child Abuse Reporting childhelp.org	1-800-422-4453
Children & Youth Serv. Sexual Abuse Cntr. co.delaware.pa.us/humanservices/childyouth.html	610-891-5258
Domestic Abuse Project of DelCo –Broomall –Media dapdc.org	610-565-4590 610-325-0768 610-565-6272
Family Support Line of DelCo familysupportline.org	610-891-5275
Life Beyond Abuse lifebeyondbuse.org	610-565-3399

AIDS

AIDS Care Group aidscaresgroup.org	610-872-9101
ChesPenn Health Services chespenn.com	610-485-3800x27
Comm. Health & Education Outreach cheohealthawareness.org	1-866-586-9077
Family & Community Service of DelCo fcsdc.org	610-566-7540

ADDICTION / SUBSTANCE ABUSE

Family & Community Service of DelCo fcsdc.org	610-566-7540
Holcomb Behavioral Health Systems holcombprevention.org	610-363-1488
Office of Behavioral Health co.delaware.pa/humanservices/obh/behavhealth.htm	610-713-2365

ADOPTION

Adoptions from the Heart afth.org	1-800-355-5500
Children's Choice childrenschoice.org	1-800-522-4453
Safe Haven of Pennsylvania secretsafe.org	1-866-921-7233

CHILD DAY CARE

Child Care Information Services compass.state.pa.us	1-800-831-3117
Child Care Works Helpline co.delaware.pa.us/humanservices/childcare.html	1-877-472-5437
Head Start paheadstart.org	610-938-9000

EDUCATION

College Access Center of DelCo collegeaccessdelco.org	610-499-1391
Literacy Council delcoliteracy.org	610-876-4811

EMERGENCY ASSIST. (HOUSING, FOOD, FUEL)

American Red Cross –Sharon Hill –Chester / Wallingford redcross.org	610-532-1089 610-874-1484
Community Action Agency –Chester –Darby caadc.org	610-874-8451 610-583-9133
Salvation Army –Chester / Brookhaven –Darby –Darby (tf) salvationarmyusa.org	610-874-4266 610-583-3720 1-800-728-7825

EMPLOYMENT

DelCo Career Link –Chester –Media cwds.state.pa.us	610-447-3350 610-723-6000
Joseph's People / Media GetWorks josephspeople.org	610-873-7117
New Choices/New Options decc.edu/newchoices	610-359-5232
Office of Empl. & Training (Upper Darby) co.delaware.pa.us/depts/oet.html	610-713-2200
PathwaysPA pathwayspa.org	610-543-5022

ENGLISH AS A SECOND LANGUAGE (ESL)

Literacy Council delcoliteracy.org	610-876-4811
Progressive Training Network, Inc.	610-504-0710

FAMILY CENTERS

Crozer Community Division –Chester Upland –Eastern DelCo dciu.org	610-494-9280 610-532-2811
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FAMILY SHELTERS

Community Action Agency –Chester –Darby caadc.org	610-874-8451 610-583-9133
Interfaith Hospitality Network ihncares.org	610-277-0977

FINANCIAL & CREDIT

Consumer Credit Counseling cccsdv.org	1-800-989-2227
DelCo Asset Development delcoad.org	610-543-5022x228
Social Security Admin. socialsecurity.gov	1-800-772-1213

FOOD

Central DelCo Food Center	610-325-0130
Community Action Agency –Chester –Darby caadc.org	610-874-8451 610-583-9133
DelCo MOMobile momobile.org/programs/delaware.html	610-713-0570
Food Stamps Helpline foodstamp-assistance.com	1-800-692-7462
Interfaith Food Coalition	610-874-4132
Meals on Wheels mealcall.org	610-874-4132
Women, Infants, & Children	1-800-942-9467

FUEL

DelCo Assistance Office –Chester –Darby	610-447-5500 610-461-3800
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HEALTHCARE

ChesPenn Health Services webmanager@crozer.org	610-872-6131
Comm. Health & Education Outreach cheohealthawareness.org	1-866-586-9077
DelCo Medical Assistance –Chester –Darby co.delaware.pa.us/intercommunity/cms.html	610-447-3015 610-461-3800
DelCo MOMobile momobile.org/programs/delaware.html	610-713-0570

Dept. of Intercomm. Health Coord. co.delaware.pa.us/intercommunity	610-891-5311
Healthy Kids Helpline insurance.state.pa.us	1-800-986-5437
Planned Parenthood –Media –St. David's –Yeadon plannedparenthood.org	610-566-2830 610-687-9410 610-626-9482
Reproductive Health/Counseling Cntr. reproductivecounseling.com	610-874-4361

HOUSING

Chester Comm. Improvement Project communityinvestmentnetwork.org	610-876-8663
Chester Housing Authority chesterhousingauthority.org	610-876-5561
Community Action Agency –Chester –Darby caadc.org	610-874-8451 610-583-9133
DelCo Housing Authority dcha1.org	610-876-2521
DelCo Weatherization Bureau Fair Housing Council fhcsp.com	610-583-9133 610-604-4411
Heating Assistance LIHEAP dpw.state.pa.us/foradults/heatingassistanceliheap/S_000960	610-447-3099
Homeless Assistance Program hud.gov/offices/cpd/homeless	610-713-2306
Interfaith Hospitality Network ihncares.org	610-277-0977
Media Fellowship House mediafellowshiphouse.org	610-565-0434
PA Housing Finance Agency phfa.org	610-822-1999
Temp. Assist. for Needy Families (tf) –Chester –Darby	1-800-842-2020 610-447-5500 610-461-3800

IMMIGRANTS, REFUGEES & ASYLEES

Catholic Social Services css-phl.org	610-876-9183
Center for New Americans cnam.org	610-461-3932
Hias & Council of Philadelphia hiaspa.org	215-832-0900
Nationalities Services Center nationalitiesservice.org	215-893-8400
Welcome Center welcomingcenter.org/about/partners.php	610-734-7715

INTELLECTUAL DISABILITIES INFO / SERVICES

Catholic Social Services css-phl.org	610-876-9183
Cerebral Palsy Association delctycerebralpalsy.org	610-328-5955
Community Interactions, Inc. ciinc.org	610-328-9008
Daemion House daemioncounseling.org	610-647-1431
Devereux devereux.org	610-431-8100
Elwyn, Inc. elwyn.org	610-891-2066 610-891-2000
Office of Intellectual Disabilities co.delaware.pa.us/humanservices/mret.html	610-713-2400

LEGAL

DelCo Bar Association delcobar.org	610-566-6625
DelCo Consumer Affairs –Chester –Darby co.delaware.pa.us/consumeraffairs	610-891-4865 610-447-3015 610-461-3800
Legal Aid of Southeast PA (tf) –Chester laspc.org	1-877-429-5994 610-874-8421
Office of Support Enforcement laspc.org/get-legal-help	610-891-4233
PA Civil Law Clinic law.widener.edu/academics/clinicalprogramsandprofessionaltraining.aspx	610-499-4000x2174
Senior Victim Services seniorvictims.org	610-627-2292
Women's Resource Center womensresourcecenter.net	610-687-6391

LESBIAN / GAY / BISEXUAL / TRANSGENDER

Main Line Youth Alliance myaonline.org	610-357-9948
PRYSM Youth Center prysm.vpweb.com/default.html	610-357-9948

MEDIATION

Center For Resolutions center4resolutions.org	610-566-7710
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MENTAL HEALTH / COUNSELING

CareLink Community Support Serv. carelinkservices.org	610-874-1119
Catholic Social Services –(Counseling Services) css-phl.org	610-876-9183 610-626-6550
Child Guidance Resource Center cgrc.org	610-565-6000
Council for Relationships councilforrelationships.org	215-382-6680
DelCo Office of Behavioral Health co.delaware.pa.us/humanservices/obh/behavhealth.html	610-713-2365
DelCo Suicide Prevention Task Force delcosuicideprevention.org	610-566-7540
Family & Community Service of DelCo fcsdc.org	610-566-7540
National Alliance for the Mentally Ill nami.org	610-623-0071
NW Human Serv. Life Guidance Div. nhsonline.org/index.asp	610-260-4600
Passages Counseling Center passagescc.com	610-891-9923
Social Work Counseling Services swcs-cef.org	610-859-6047
Values into Action valuesintoaction.org	610-565-5177

MENTORING

Big Brothers Big Sisters bigbrothersbigsisters.org	610-352-7255
WomenCare Mentoring thecenterfoundation.org/womencare	610-565-6171
Young Parents Support Network thecenterfoundation.org/yppsn	610-565-6171

PARENTING & TEENS

Annon Crisis Pregnancy Center (tf) –Upper Darby amion.org	1-800-395-4357 610-622-9957
Because I Love You (BILY) becauseiloveyou.org	610-457-5144