

Surrounding Area Resources

AIDS		
ActionAIDS	215-981-0088	www.actionaids.org
Philadelphia FIGHT	215-985-4448	www.fight.org
ADOPTION		
Adoption Network Law Center	1-800-FOR-ADOPT	www.adoption.org
CHILD DAY CARE		
Child Care Resource Developers (Toll Free)	215-271-1267 877-660-CCRD	
HEALTHCARE		
Children's Hospital of Philadelphia	215-590-1000	www.chop.edu
CHIP	1-800-986-KIDS	www.chipcoverspakids.com
Keystone Mercy Health Plan	215-863-6762	www.keystonemercy.com
National Cancer Institute	1-800-4-CANCER	www.cancer.gov/
PA Health Law Project	1-800-274-3258	www.phlp.org
Reproductive Healthcare Choice	215-985-3355	www.choice-phila.org
HOUSING		
ACORN Housing	215-765-1221	www.acornhousing.org
IMMIGRANTS, REFUGEES & ASYLEES		
Asylee Outreach Project	215-832-0900	www.hiaspa.org/services/servicelist.htm
LEGAL		
Philadelphia County Bar Assoc.	215-238-1710	www.pabar.org/
PA Institutional Law Project	215-925-2966	www.pailp.org
Volunteer Income Tax Assistance (Toll Free)	215-861-1089 1-800-829-1040	
LGBT		
The Attic	215-545-4331	www.atticyouthcenter.org
William Way Community Center	215-732-2220	www.waygay.org
Hotline 6-9pm	215-732-8255	
MENTAL HEALTH/COUNSELING		
Depression/Bipolar Support Alliance	1-877-687-9552	www.DBSAAlliance.org
Mental Health Assoc. of SE PA	1-800-688-4226	www.mhasp.org
SENIORS		
Supportive Older Women's Ntwk.	215-477-6000	www.sown.org
SPECIAL NEEDS		
Liberty Resources	215-634-2000	www.libertyresources.org
SUPPORT GROUPS		
Alcoholics Anonymous (AA)	215-923-7900	www.sepenaa.org
Gambler's Anonymous	215-468-1991	www.gamblersanonymous.org
Narcotics Anonymous (NA)	215-NAWORKS	www.naworks.org
VOLUNTEERS		
United Way Volunteer Center	215-665-2474	
WOMEN'S ASSOCIATIONS		
Asian American Women's Coalit'n	215-922-0654	aawc1.homestead.com

EMERGENCY 24 HOUR HOTLINES

Child Abuse		
Child Abuse Line (Toll Free)	1-800-932-0313	
Crisis Intervention/Suicide Prevention		
Crozer Chester Med. Ctr.	610-477-7600	
Elder Abuse Hotline	610-713-2100	
Project Reach	610-352-4703	
Survivors of Suicide	267-914-0508	www.survivorsofsuicide.org
Domestic Abuse		
Domestic Abuse Project of Delco	610-565-4590	www.dapdc.org
Women Against Abuse	215-386-1280	
Women in Transition	215-751-1111	
Poison Control	215-386-2100	
Police, Ambulance, Fire, Emergencies	911	
Rape, Sexual Abuse, Incest		
Women Against Rape	610-566-4342	
Women's Org. Against Rape	215-985-3315	www.woar.org
Runaways		
National Switchboard	1-800-621-4000	
Parents Anonymous	1-800-448-4906	
Substance Abuse (Toll Free)	1-800-662-HELPS	
Bureau of Consumer Protection	1-800-441-2555	

INFORMATION AND REFERRAL NUMBERS

Contact	215-879-4402
Del. Co. Women's Commission	610-713-2308
First Call For Help	215-568-3750
PA Commission for Women	888-615-7477
SEPTA Paratransit	215-580-7334
U.S. DOL Women's Bureau Toll Free	215-861-4860 800-379-9042
Women's Business Devel. Ctr.	215-790-9232
Women's Resource Center	610-687-6415
Women in Transition	215-751-1111
	www.womenintransitioninc.org

The Center Foundation

The Center Foundation is a private non-profit created in 1994. Our mission is to empower people to be all they want to be and build caring communities through mentoring, education, and support. Since 1997 we have run mentoring and life skills programs for women in difficult life transitions starting with WomenCare®, our unique holistic model. We started the Young Parents Support Network (YPSN), a mentoring program for teen parents, in 2002. In 2004 we expanded programming to add Mentoring & Occupational Strategies Training services for unemployed and under-employed WomenCare® and YPSN participants.

Friends of the

Delaware County

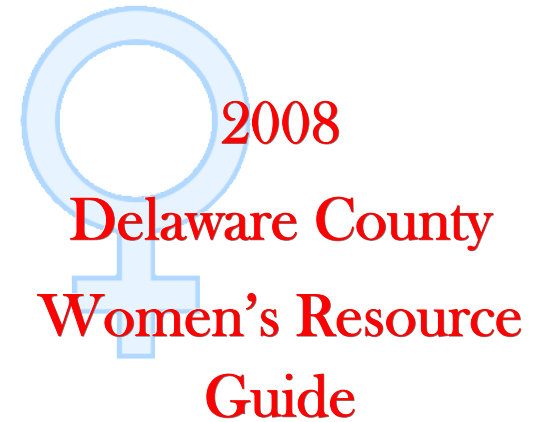
Women's Commission

Friends of the Delaware County Women's Commission is a non-profit, non-partisan, membership organization which strives to enable women and girls to gain the skills and information they need to achieve their personal and professional goals. We work to empower women and girls to realize their fullest potential and to provide leadership within their communities. We achieve our aims by aiding the work of the Delaware County Women's Commission, and by identifying, networking, and funding efforts which address issues affecting women and girls in Delaware County.

The Delaware County

Women's Commission

The Delaware County Women's Commission was founded on October 15, 1985. Our purpose is to serve as a catalyst for change, study the needs of women and girls within the County and make recommendations to County Council on public policy issues.



2008 Delaware County Women's Resource Guide

A quick reference guide for
women and their families

developed and published by

The Center Foundation

in collaboration with

Friends of the Delaware County
Women's Commission

and

The Delaware County
Women's Commission

Fall 2008

Delaware County Resources

ABUSE

Child Abuse Reporting www.childhelp.org	610-891-5258
Domestic Abuse Project of Delco www.dapdc.org	610-565-4590
Life Beyond Abuse	610-565-3399

AIDS

AIDS Care Group	610-872-9101
ChesPenn Health Services www.chespenn.com	610-872-6131
Delaware County AIDS Network	610-522-0522
Family and Community Service	610-566-7540

ADOPTION

Adoptions from the Heart www.afth.org	610-642-7200
Children's Choice www.childrenschoice.org	1-800-522-4453
Safe Haven of Pennsylvania www.secretssafe.org	1-866-921-SAFE

ADULT BASIC EDUCATION

Literacy Council www.delcoliteracy.org	610-876-4811
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ALCOHOL/DRUG

Harwood House	610-856-3440
Holcomb Behavioral Health Systems www.holcombprevention.org	610-363-1488
Office of Behavioral Health www.co.delaware.pa/humanservices/obh/behavhealth.htm	610-713-2365

CHILD DAY CARE

Child Care Info Svs. (Toll Free) www.compass.state.pa.us	800-831-3117
Child Care Works Helpline (Toll Free) Head Start www.dciu.org	877-4-PAKIDS 610-647-1510

EMERGENCY ASSISTANCE (HOUSING, FOOD, FUEL)

Community Action Agency www.caadc.org/	
Chester	610-874-8451
Darby	610-583-9133
Red Cross www.redcross.org	
Chester	610-874-1484
Media	610-566-4580
Salvation Army www.salvationarmy.org/	
Chester	610-874-4266
Darby	610-583-3720

EMPLOYMENT

Delaware Co. Career Link www.cwdf.state.pa.us	
Chester	610-447-3350
Delaware CCC - Media	610-723-6002
New Choices/New Options www.dccc.edu/newchoices/	610-359-5232
Office of Employment and Training www.co.delaware.pa.us/depts/oe.html	
DCCC	610-723-1200
Upper Darby	610-713-2200
PathwaysPA www.pathwayspa.org	610-543-5022

ENGLISH AS A SECOND LANGUAGE (ESL)

Literacy Council www.delcoliteracy.org	610-876-4811
Progressive Training Network, Inc.	610-504-0710

FAMILY CENTERS

Crozer Community Division www.dciu.org	
Chester	610-494-9280
Lansdowne	610-532-2811

FAMILY SHELTERS

Interfaith Hospitality Network www.ihncares.org	610-277-0977
Wesley House	610-872-2611
Community Action Agency	610-874-8451

FINANCIAL AND CREDIT

Consumer Credit Counseling www.cccsdv.org/	1-800-989-2227
Delaware County Consumer Affairs www.dpw.state.pa.us/ServicesPrograms/CashAsstEmployment/003670281	610-891-4865
Chester	610-447-3015
Darby	610-461-3800
Social Security Admin. (Toll Free)	1-800-772-1213

FOOD

Central Del. Co. Food Center Community Action Agency	610-325-0130
Chester	610-874-8451
Darby	610-583-9133
Food Stamps Helpline(Toll Free)	800-692-7462
Interfaith Food Coalition	610-874-4132
Delaware County MOMobile www.MOMobile.org	610-713-0570
Meals on Wheels	610-459-8801
Women, Infants, & Children	1-800-WIC-WINS

FUEL

Delaware County Assistance Office www.dpw.state.pa.us/ServicesPrograms/CashAsstEmployment/003670281.htm	
Darby	610-461-3800
Chester	610-447-3015

HEALTHCARE

ChesPenn Health Serv. WebManager@crozer.org	610-8726131
Delaware County MOMobile www.momobile.org/programs/delaware.html	610-713-0570
Delaware County Medical Assistance	
Chester	610-447-3015
Darby	610-461-3800
Healthy Kids Helpline www.insurance.state.pa.us	800-986-KIDS
Comm. Health. & Educ. Outreach	610-586-9077
Delaware County Dept. of Intercommunity Health Coordination	610-891-5311
Planned Parenthood www.plannedparenthood.org	
Media	610-566-2830
St. Davids	610-687-9410
Yeadon	610-626-9482
Reproductive Health & Counseling Ctr.	610-874-4361

HISPANIC-AMERICANS

Catholic Social Services www.css-phl.org/	610-876-9183
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HOUSING

Chester Comm.Improvement Proj. (CCIP)	610-876-8663
Chester Housing Authority www.chesterhousingauthority.org/	610-876-5561
Community Action Agency	
Chester	610-874-8451
Darby	610-583-9133
Del. Co. Housing Authority www.dcha1.org/	610-876-2521
Del. Co. Weatherization Bureau	610-583-9133
Heating Assistance LIHEAP www.dpw.state.pa.us/ServicesPrograms/LIHEAP/	610-447-3099
Homeless Assistance Program (HAP)	610-713-2306
Media Fellowship House www.mediafellowshiphouse.org/	610-565-0434
PA Housing Finance Agency www.phfa.org	610-822-1999
Temporary Assist. for Needy Families www.dpw.state.pa.us/ServicePrograms/	610-447-5500

IMMIGRANTS, REFUGEES & ASYLEES

Welcome Center www.welcomingcenter.org/about/partners.php	610-734-7715
Center for New Americans	610-461-3932

LEGAL

Delaware County Bar Assoc. www.delcobar.org/	610-566-6625
Del. Co. Legal Assistance	610-874-8421
Office of Support Enforcement www.co.delaware.pa.us/depts/ose.html	610-891-4233
PA Civil Law Clinic Ext. 2174	610-499-4000
Senior Victim Services	610-627-2292
Adult Probation and Parole Services www.co.delaware.pa.us/courts/adultprobparole.html	610-891-7591
Women's Resource Center www.womensresourcecenter.net	610-687-6391

LGBT

Main Line Youth Alliance www.myaonline.org	610-688-1861
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MEDIATION

Center 4 Resolutions www.center4resolutions.org(underconstruction)	610-566-7710
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MENTAL HEALTH INFORMATION AND SERVICES

CareLink Comm Support Svs. www.carelinkservices.org	610-874-1119
Catholic Social Services www.css-phl.org/	610-876-9183
Catholic Social Services - Counseling	610-626-6550
Child Guidance Resource C'nters www.cgrc.org	610-565-6000
Delco Office of Behavioral Health	610-713-2365
Delco Suicide Prevention Awareness Task Force www.delcosuicidepreventionawareness.org	
Family and Community Service www.fcsdc.org	610-566-7540
NW Human Svs. Life Guidance Div. www.nhsonline.org/index.asp	610-260-4600
Passages Counseling Center www.passagescc.com	610-891-9923
Social Work Consultation Svs. www.swcs-cef.org	610-859-6047

MENTAL RETARDATION INFORMATION AND SERVICES

Catholic Social Services www.css-phl.org/	610-876-9183
Cerebral Palsy Association www.delctycerebralpalsy.org	610-328-5955
Community Interactions, Inc. www.ciinc.org	610-328-9008
Daemion House www.daemioncounseling.org	610-647-1431
Delco Suicide Prevention Awareness Task Force www.delcosuicidepreventionawareness.org	
National Alliance for the Mentally Ill www.nami.org	610-623-0071
Office of Mental Retardation www.co.delaware.pa.us/humanservices/mret.html	610-713-2400
Devereux www.devereux.org	610-431-8100
Elwyn, Inc. 610-891-2066 or	610-891-2000
www.elwyn.org	

MENTORING

Big Brothers Big Sisters www.BigBrotherBigSisters.org	610-352-7255
The Mentor Center	610-565-5170
WomenCare Mentoring www.thecenterfoundation.org/womencare	610-565-6171
Young Parents Support Network www.thecenterfoundation.org/ypsn	610-565-6171

PARENTING & TEENS

Amnion Crisis Pregnancy Center www.amnion.org	610-525-1557
Bernardine Center www.bernardinecenter.org	610-497-3225
Because I Love You (BILY) www.becauseiloveyou.org	610-457-5144
Children and Youth Services Up. Dby. Children and Youth Services Media www.co.delaware.pa.us/humanservices/childyouth.html	610-713-2000 610-891-4000
Delco Pregnancy Center	610-872-2229
Family Start	610-876-7583
Family Support Line www.familysupportline.org	610-891-5275
Girl Scouts of SE PA www.gsep.org	610-933-7555
Mothers' Home www.mothershome.org	610-583-4663
LaLeche League (Breast Feeding) www.llusa.org	610-666-0359
Parents Involved Network www.pinofpa.org	610-713-9401
PathWaysPA www.pathwayspa.org	610-543-5022
Supervised Independent Living	610-352-5593
The Postpartum Stress Center www.postpartumstress.com	610-525-7527
Project ELECT/TAPP	610-447-3978
Second Time Around Parents	610-566-7540
Women's Resource Center www.womensresourcecenter.net/	610-687-6415
Young Parents Support Network www.thecenterfoundation.org/ypsn	610-565-6171

SENIORS

Office of Services for the Aging www.delcosa.org	610-490-1300
Mid County Senior Services www.mainlinehealth.org/oth/Page.asp?PageID=OTH002123	610-353-6642
Pennsylvania SeniorLAW Helpline www.seniorlawcenter.org	1-877-727-7529
Senior Victim Services www.seniorvictims.org	610-627-2292

SPECIAL NEEDS

CareLink www.carelink-svs.org	610-874-1119
Freedom Valley Disability Center www.fvdc.info	610-353-6640

SUPPORT GROUPS

Compassionate Friends www.compassionatefriends.org	610-544-6645
Debtor's Anonymous www.debtorsanonymous.org	610-566-7109
Feeling Blue www.feelingblue.org	610-715-0076
Suicide Anonymous	610-715-0076

TRANSPORTATION

FISH Medical Transportation	610-622-9752
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VOLUNTEERS

Retired & Senior Volunteer Prog.	610-565-5563
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WOMEN'S ASSOCIATIONS

Business & Prof. Women (BPW) www.bpwusa.org	610-566-5035 610-521-5229
Chester YWCA	610-876-8226
Friends of the Delco Women's Comm.	610-543-5022
League of Women Voters	610-565-3164

Please notify us of any changes by contacting The Center Foundation at 610-565-6171 or mail@thecf.org.